



# SURVIVING THE STORM

IT'S EVERYONE'S **RESPONSIBILITY**

---

## SURVIVAL KIT FOR STAYING HOME

If you are staying home during a hurricane Here's a list of items to consider for your survival kit. Keep items in airtight plastic bags or containers. Replace stored water every six months and double check battery expiration dates.

### **Suggested items for a "Stay Kit"**

- One-week supply of food that requires no cooking and fluids to drink
- Ready-to-eat canned meats, fruits and vegetables
- Nuts, beef jerky and trail mix
- Raisins, peanut butter and granola bars
- Formula or baby food
- Canned juices or sports drinks
- One gallon of water per person per day
- Non-electric can opener
- Utility knife
- Cups, plates and plastic utensils
- Cooler and ice
- Pet food

### **First Aid Supplies**

- Adhesive bandages, gauze pads and tape
- Soap and anti-bacterial hand gel
- Antiseptic
- Latex gloves, scissors and tweezers
- Thermometer
- Sunscreen
- Over-the-counter pain reliever
- Anti-diarrhea medicine and laxative
- Anti-itch cream

### **Tools and Emergency Supplies**

- Flashlight and lanterns
- Battery-operated radio
- Extra batteries
- Matches or lighter in a waterproof container
- Compass and local maps with shelter locations
- A shut-off wrench and other tools
- Paper and pencil
- Plastic sheeting and tarps

- Elastic cords or rope
- Tarps and plastic sheeting

### **Sanitation**

- Portable toilet (5-gallon bucket, heavy trash bags, chlorine bleach)
- Toilet paper and moist towelettes
- Feminine supplies
- Personal hygiene items

### **Clothing and bedding**

- One complete change of clothing and shoes per person
- Sturdy shoes or work boots
- Rain gear
- Blankets and sleeping bags
- Sunglasses

### **Kids and Entertainment**

- Favorite nonperishable snacks
- Powdered milk
- Stuffed animal or favorite toy
- Blanket and pacifier
- Diapers and wipes
- Card and board games
- Books for all ages.